



Tania Ellis

## :: Newsletter April 2004 ::

### Holistic leadership, learning and development

Conferences - Reports - Research - Books - Articles

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#### Conference on working with joy

Thursday 27th May "Projekt Arbejdsglæde" [Project Working With Joy] will be holding their first conference on working with joy in Remisehallen in Copenhagen from hrs 8-18. The special thing about this conference is that it is 100 % powerpoint free and with one purpose: To create action!

The conference offers interesting presentations by, among others, Jesper Bove-Nielsen, author of the book Corporate Kindergarten, as well as more than 20 different workshops so that participants actively can try out all the various methods and tools for enhancing their own and others' working joy.

Read more about the conference on [www.arbejdsglaede.nu](http://www.arbejdsglaede.nu)



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#### Prize essay on leadership in Denmark

Last month I won Berlingske Tidendes Nyhedsmagasin's prize essay competition "*How should Denmark be led?*". In the essay I draw on my research inside, among other things, quantum physics, the humanities, and business practice along with concrete suggestions as to how holistic leadership can be implemented successfully in Danish organisations.

The panel of judges concluded: "*...provides a fantastic overview of the leadership arena*".

A revised edition of the essay will be published in Børsens Ledelseshåndbøger during Spring 2004. The full edition is available (in Danish) [here](#).



## Presencing - pioneering research within leadership

In a dynamic world in constant change it is not enough for leaders to base their decisions on experience only - they must also draw on their intuition and learn from the future as it emerges. But how can they gain access to these deeper levels of consciousness and knowledge?

The acknowledged leadership researcher Dr. Otto Scharmer from the American management school MIT presented some answers to this question at Kaospiloterne in Århus during his recent visit to Denmark.

With reference to his own studies into how the best top leaders work, Scharmer has uncovered the processes that create access to the parts of the brain that are in contact with the highest potential in the leader as well as in the organisation - processes that can also be used to facilitate in-depth innovation and change processes. Processes, which have a striking resemblance with those I myself have learnt to use in connection with my work with intuition and seeing with the sixth sense.

Among other things, Scharmer said during his presentation in Århus: *"What is missing in organisations is the sensing and presencing - instead of just perform, perform, perform..... We need a leadership technology that takes us into these deeper levels. The most important tool is the leader's self"*.

You can find some of Scharmer's work in the book Presence: Human Purpose and the Field of the Future, which is written in cooperation with among others Peter Senge (The Learning Organisation) and Joseph Jaworsky (Synchronicity).

Read more about presencing on [www.ottoscharmer.com](http://www.ottoscharmer.com)  
Or order the book on [www.presence.net](http://www.presence.net)



## Meditation training in the workplace

For companies that wish to give their employees tools for stress management Psykosofia offers group training in meditation.

The teaching takes place in the respective workplace, and consists of an introduction to a number of different forms of meditational techniques - all with focus on unstrained attentiveness and relaxation. Breathing techniques for fast and effective (acute) stress reduction are also introduced.

Group training costs in all 1,000 kr. per group session regardless of number of participants - so if for example 20 employees wish to participate, it will only cost the company/participants 50 kr. per session. A session takes approx. 1 hour, and can be held once a week or once a fortnight according to agreement.

Beforehand, Psykosofia offers a free information meeting, where background and techniques are presented, and with the possibility to ask questions before you make a final decision. Read more on [www.psykosofia.dk](http://www.psykosofia.dk)



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## Leadership becomes self-leadership...

...was the title of an article (title translated from Danish), which was published in Berlingske BusinessKarriere last month, where an MBA-colleague and I were interviewed about the various leadership challenges that we have written about in our respective MBA-dissertations. You can read the (Danish) article [here](#).



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*The news letter from Tania Ellis is for everyone that has an interest in or works with initiatives, which can contribute to enhanced working joy, quality of life, and not least sustainable businesses. If you know of anyone who would find the newsletter of interest, you are welcome to forward this mail. If you have books or articles that you can recommend, if you know of coming conferences, talks or other activities, which could be of interest to the readers of this newsletter, please feel free to send a mail to [te@taniaellis.dk](mailto:te@taniaellis.dk). You can subscribe and unsubscribe to the newsletter on [www.taniaellis.dk/uk/contact/html](http://www.taniaellis.dk/uk/contact/html).*