

**THOUGHTS
FOR FUTURE**



THOUGHTS FOR FUTURE

**4-5
OCTOBER
2025**

Sustainability Festival

PROGRAM OVERVIEW

THOUGHTS FOR FUTURE AT GLANCE

Greetings from TFF 2025 Team!

We are thrilled to welcome you to the Thoughts for Future Festiva 2025! Over the weekend, you will get the chance to explore fresh perspectives on sustainability, connect with others, and take part in inspiring sessions designed to spark new ideas.

This handbook is your guide to everything you need to know, from the program to the practical details. We sincerely hope that you will enjoy every moment of the festival!

Should you have any questions, don't hesitate to reach out to us at thoughtsforfuture@actory.dk

**Green hugs,
TFF Team 2025**

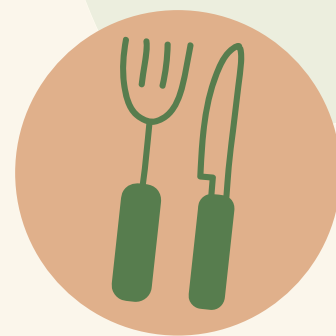


1. GENERAL INFORMATION

- The festival takes place on **Saturday-Sunday, 4-5 October 2025**, at **Station, Frederiksberg (Howitzvej 30)**. We warmly encourage you to join us for both days to get the full experience.
- When you arrive at the festival, please check in at the welcome desk between 10:00-10:30 (Saturday, 4 October 2025) and 10:30-11:00 (Sunday, 5 October 2025) at The Cafe. At check-in, you will receive a nametag for the day and your meal ticket(s).
- The venue is easily accessible by bike and public transport, including the metro. You will find a map of the festival space on the last page of this handbook.



- To make the most of the sessions, we recommend you to bring:
 - A water bottle
 - A notebook and pen if you want to take notes during sessions
 - A container (in case we have leftovers, you can take home)
- We will be taking photos during the festival for use on social media and future promotion by byStudents (non-profit). If you prefer not to appear in photos, please let us know at check in. After the festival, we will share a selections of photos that you are welcome to use on your own social media platforms. Just remember to credit our photographer.
- All meals at the festival are plant-based, and we are doing our best to accommodate all dietary needs.



2. FULL PROGRAM (SATURDAY, 4 OCTOBER 2025)

No	Time	Speaker	Session	Room
1	10:00–10:30	Thoughts for Future Team	Check-in and breakfast	The Café
2	10:30–11:00	Thoughts for Future Team	Welcome	Arena/The Café
3	11:00 – 12:00	Sofie Lau-Jepesen and Amanda Vincentz – Danish Social Innovation Academy	Friends from the Future: Practicing Collective Imagination	Playground
		Adrian Rosengarten – Junior Sustainability Consultant	The True Costs of the Future	Hive
		Morten Wendler Jørgensen – Sociologist, University of Copenhagen	Changing the Foodture: How Do We Normalize Plant-Based Eating?	Arena
4	12:15 – 13:00	Preferred by Nature	Preferred by Nature & EMMA4EU: Shaping a Sustainable Future through Deforestation-Free Supply Chains	Arena
		Ida Wallin – FORGEDI	From Impossible Futures to Inclusive and Sustainable Imaginaries – The Case of Forestry	Wunderkammer
		Edith Mika – Designer and Founder of UNSEEN Studio	Don’t Wait, Design It!	Hive

No	Time	Speaker	Session	Room
5	13:00-14:00		Lunch	The Café
6	14:00-15:00	Nicole Jonasson and Ida Lissner - SOFTER	Staying Soft in Hard Times: Building Equitable Digital Futures	Arena
		Anna, Max, and Verena	Collective Dreaming – Unlock Your Imagination and Explore Utopi	Playground
		Michelle Appelros and Signe Vad - The Syndicate of Creatures	Who’s Future(s)? Interspecies and Intersectional Perspectives!	Hive
7	15:15-16:00	Alejandro Trujillo - Circularity Centre Denmark	Circular Advantages for The Future	Arena
		Johanna Fabrin - 21 st Europe	Made in Europe: Crafting the New Economic Engine	Wunderkammer
		Ellen Bang - European Climate Pact Ambassador and Thoughts for Future	A Seat at The Table: The Missing 50%	Hive

No	Time	Speaker	Session	Room
8	16:30 – 17:30	Caspar Eric – Danish Poet	Life as Crip?	Arena
		Tone Eide Hilmen	Using Radical Imagination to Cope with Doomsday Thinking and Activist Burnout – A Reflective, Low-key Space for Recharging Through Hopeful Futures	Wunderkammer
		Laura Horn – Political Economist, Roskilde University	Mobilising The Future through Fiction	Hive

FULL PROGRAM (SUNDAY, 5 OCTOBER 2025)

No	Time	Speaker	Session	Room
1	10:30–11:00	Thoughts for Future Team	Check-in and breakfast	The Café
3	11:00–12:00	Alexander Holm - Biologist specializing in nature conservation	Utopia or Apocalypse? Probably neither.	Arena
		Signe Sand - Byggestopbevægelsen	Building within Planetary Boundaries	Hive
4	12:15–13:00	Pauline Virenfeldt Sall and Manuela Sobral - Sustainary	Food Consumption and Food Waste	Arena
		Nanna Vedel-Hertz and Stella René - Generation Hope	Come Celebrate the Birthday of Future Generations	Hive
		Finn Ehrenberg and Andreea Toma	Walking Towards Tomorrow	Meeting point: The Café

No	Time	Speaker	Session	Room
5	13.00-14.00		Lunch	The Café
6	14:00-15:00	Mathias Dyreborg Zachau – WEALL DK and Nyt Europa	Panel talk: The Great Acceleration – Rethinking Economy and Wellbeing	Arena
		Mathias Behn Bjørnhof-ANTICIPATE	Bridging the Horizons – From Futures Thinking to Sustainable Actions	Wunderkammer
		Thays Prado- Feminist Future and Gender Expert	Stories from The Future: The Power of Speculative Fiction in Advocacy Work	Hive
7	15:15-16:00	Tania Ellis – Tania Ellis The Social Business Company	Systematic Sustainable, Trends and Generations	Arena
		Hanna Selim – AI Developer	The Black Box and Our Minds – Rethinking AI Sustainability	Hive
8	16:00-17:00	Thoughts for Future Team	Closing Ceremony and Networking	Arena/The Café

3. SPEAKERS' OVERVIEW

SATURDAY, 4 OCTOBER 2025

Friends from the Future: Practicing Collective Imagination



Amanda Vincentz B. Gallmann and
Sofie Frederikke Lau-Jepesen

Danish Social Innovation Academy

In this workshop, you are invited to meet “friends from the future” and explore how we can learn, practice, and strengthen our empathy for generations to come. Research shows that it is often easier for us to imagine the end of the world than the end of capitalism. This is why imagination is essential – especially our shared imagination – so we can envision the society and the world we want to be part of and the world we want to pass on to future generations. Through collective imagination and social innovation, we will build connections that empower us to act on behalf of those who do not yet have a voice.

The True Costs of the Future



ADRIAN ROSENGARTEN

Junior Sustainability Consultant

“The True Costs of the Future” is a 1-hour interactive workshop where participants explore how different human values shape decisions about the future. Through hands-on and active discussions they experience trade-offs, reflect on limits of human actions and get the chance to design their own valuation system. The workshop is playful and thought-provoking, offering new perspectives on how to balance economic, social, and ecological priorities.



MORTEN WENDLER
JØRGENSEN

Sociologist, University of Copenhagen

Changing the Foodture: How Do We Normalize Plant-Based Eating?

In this interactive talk, sociologist Morten Wendler translates findings from his research on young Danes’ eating habits into concrete principles for transforming the Danish food culture. Based on these insights, the session explores what a climate friendly food culture looks like and how we get there. Participants are invited to reflect on their own experiences and contribute ideas for change.

Preferred by Nature & EMMA4EU: Shaping a Sustainable Future through Deforestation-Free Supply Chains



PREFERRED BY NATURE

Preferred by Nature is a global non-profit working to drive sustainable impact for people, nature and climate through a combination of sustainability certification services, tailored services, strategic projects, and training. They will present their work, their internship program, and the EMMA4EU project which aims to build a deforestation-free training network. EMMA4EU offers free training for students and professionals, and offers the possibility of joining the network for free resources on deforestation-free supply chains, such as courses, workshops, articles, and job and internship postings.

SATURDAY, 4 OCTOBER 2025



IDA WALLIN

FORGEDI

From Impossible Futures to Inclusive and Sustainable Imaginaries – The Case of Forestry

This workshop empowers participants to envision inclusive, sustainable futures by combining critical reflection with creative imagination in relation to forests and forestry. Inspired by Ruha Benjamin’s *Imagination: A Manifesto*, it emphasizes that imagination is a powerful tool for rethinking the world and pursuing justice. Social justice and environmental justice are deeply intertwined – a truly sustainable future requires meaningful participation of all. We put the spotlight on forestry as a male-dominated sector where traditional structures prevail still. We collectively imagine a sustainable and just future with the help of inspiring stories shared via the [Massive Open Online Course ForGEDI](#) (open access on FutureLearn).



NICOLE JONASSON
AND IDA LISSNER

SOFTER

Staying Soft in Hard Times: Building Equitable Digital Futures

SOFTER is a movement, network, and a growing community challenging the idea that tech is “hard”. Rooted in feminist values, SOFTER believes that care, empathy, and collaboration are essential for building more equitable digital futures. In this talk SOFTER-founders Nicole Jonasson and Ida Lissner will take us through the journey of SOFTER – How it started, why we need softer digital futures, and how to stay soft in hard times.



EDITH MIKA

Designer and Founder of Unseen Studio

Don’t Wait, Design It!

Designer and founder of Unseen Studio13, Edith Mika teaches at Werbeakademie Vienna and works at the intersection of creativity, psychology, and culture – using design as a force to reframe problems and spark change. Why predict the future when you can prototype it? In this workshop, students use design thinking, donuts, and a dose of sideways logic to hack their imagination, flip assumptions, and sketch bold ideas that might just change everything.



MICHELLE APPELROS
& SIGNE VAD

The Syndicate of Creatures

Who’s Future(s)? Interspecies and Intersectional Perspectives!

We are KRÆ. We are creatures. We are a syndicate of creatures who believe that the world needs radical rethinking, while the capitalistic autocannibllism devours our nature, feasts on all living creatures and growths; while we humans becomes bottomless gaps of insatiable needs, in a splintered world, where reflection hurts as the world is spinning in the wrong direction; we turn into disturbing creatures – we become KRÆ – creatures identifying with critters, others and growths, emerging as beings of the earth.

SATURDAY, 4 OCTOBER 2025



ANNA, MAX, & VERENA

Collective Dreaming – Unlock Your Imagination and Explore Utopi

In an era of cascading crises, taking time to dream of the best future we can imagine might seem like a luxury we can't afford. But what if our ability to imagine bold possibilities together is what could help us right now? This workshop creates a safe and brave space for both individual and collective dreaming. Through guided meditation and creative exchange, we'll connect to our vision for an ideal world—tapping into creativity that daily overwhelms might have buried. What threads will connect our personal utopias? How can our shared dreams spark real-world action? Leave with a dose of hopeful optimism, ideas for action, and connections with fellow dreamers ready to turn vision into reality.



ELLEN BANG

European Climate Pact Ambassador
and Thoughts for Future

A Seat at The Table: The Missing 50%

50% of the global population are regularly disregarded and excluded from spaces where their (and the world's) present and future are decided. How can that be changed and how can you become a changemaker? In this interactive session we will focus on exploring domestic and international youth perspectives and empowerment within climate related topics. Participants will also be provided with inspiration and tools on how to get engaged and make their voices heard.



JOHANNA FABRIN

21st Europe

Made in Europe: Crafting the New Economic Engine

Reimagine what it means to be “Made in Europe”—from sustainable manufacturing to value chains to storytelling at a global scale, rooted in creativity, regional integration and innovation.



ALEJANDRO TRUJILLO

Circularity Centre Denmark

Circular Advantages for The Future

Imagine building a business or initiative that thrives by design, solves real-world problems, and challenges traditional business models. In this interactive session with Circularity Centre Denmark, we'll move beyond theory and into practice to discover how circular strategies are bringing disruptive value for our Earth and society. This session is your hands-on guide to rethink waste into worth and ideas into action. We'll break down the 10R framework, explore innovative startup examples, and help you brainstorm the sustainable products and services of tomorrow. Come for the tips, and stay for the community of like-minded change-makers like you.

SATURDAY, 4 OCTOBER 2025



CASPAR ERIC

Danish Poet

Life as Crip?

The award-winning poet and disability activist Caspar Eric is highly topical with his new poetry collection “Crip”, which deals with being a person with a disability. Caspar’s authorship has so far revolved around living with a disabled body, society’s (lack of) perception of disability, and the impossible ideals mixed with hard facts, realities, and political decisions. Crip is the culmination of this part of Caspar’s work, and in his lecture he will unfold it in a blend of talk, opinion, and poetry.



TONE EIDE HILMEN

Using Radical Imagination to Cope with Doomsday Thinking and Activist Burnout - A Reflective, Low-key Space for Recharging Through Hopeful Futures

Many of us are brimming with climate grief, social collapse anxieties, and activist exhaustion. How can we reclaim joy, hope, and the power to act? This gentle, reflective workshop brings together radical imagination, futures thinking, and community care as tools for resisting burnout and nurturing resilient activism. Through personal sharing, creative skill-sharing, and collective envisioning, we’ll explore how imagining better worlds can help us live, and organize, more sustainably. This is not about toxic positivity. It’s about embracing our realism and despair, while practicing a vision-forward mindset that revitalizes our energy and culture of care.



LAURA HORN

Political Economist, Roskilde University

Mobilising The Future through Fiction

Climate fiction creates powerful visions of possible futures – how/can these alternatives futures actually mobilise people toward meaningful climate action? In session, we’ll discuss how stories can create spaces for alternative social and economic imaginaries and look at examples where fiction has influenced activism. Join us, share your favourite books, movies, videogames, and let’s think about stories for alternative futures!

SUNDAY, 5 OCTOBER 2025



ALEXANDER HOLM

Biologist specializing in
Nature Conservation

Utopia or Apocalypse? Probably neither.

In this talk, Alexander Holm will briefly touch upon the pretty complicated concept of biodiversity, before talking about the even more complex biodiversity crisis. It's not all just death and disaster though, as he'll finish with some solutions to the whole scramble.



PAULINE VIRENFELDT SALL
AND MANUELA SOBRAL

Sustainary

Food Consumption and Food Waste

Food loss and waste are the world's third-largest source of CO₂ emissions, with households as the biggest contributors. In Denmark, households waste about 79 kg of food per person annually—around 30% of total food waste—equivalent to 3.8% of national CO₂ emissions. While Danish population is motivated to reduce waste, progress has stalled. With Denmark aiming to cut CO₂ emissions by 70% by 2030 and reduce household food waste by 30%, understanding consumption patterns, barriers, and solutions is crucial. This session will explore global and local trends, challenges, impacts, and future strategies for reducing food waste.



SIGNE SAND

Byggestopbevægelsen

Building within Planetary Boundaries

Construction and buildings are accountable for around 30% of the Danish CO₂-emissions, and a new study shows that we can only build around 20% of the current rate, if we want the sector to respect the planetary boundaries. ByggestopBevægelsen is a initiative from architects, engineers, researchers and students within the construction sector to push for less newbuilt and speculation while doing more renovations and transformation in the existing buildings. The session will discuss the sector's problems but also the potentials for affordable housing without newbuilt and the possible future for a greener industry.

SUNDAY, 5 OCTOBER 2025



FINN EHRENBORG AND
ANDREEA TOMA

Walking towards tomorrow

This workshop invites you to imagine your city from a fresh perspective, noticing details and stories hidden in everyday streets. Together, we'll walk through the neighborhood, and look at familiar places from a future perspective. By slowing down and shifting how you look at your surroundings, you'll discover new connections to the spaces you pass through daily. Don't forget to bring some weather appropriate clothes for the workshop!



NANNA VEDEL-HERTZ AND
STELLA RENÉ

Generation Hope

Come Celebrate the Birthday of Future Generations

Come celebrate the birthday of future generations with Generation Hope and the hopenetwork! On the 5th of October, we will host a traditional Danish birthday party - for the future generations. There will be a cake, cute hats and a chance to create a gift for the future generations. And while it will be cute and nice, there will be also guided discussions on hope, imagination, world-building. It will be fun, serious, interactive!

The Great Acceleration – Rethinking Economy and Wellbeing



MATHIAS DYREBORG ZACHAU

WEALL DK and Nyt Europa

This event explores the consequences of the Great Acceleration – the trajectory driven by our growth-based economy. We will examine how it not only strains nature through overconsumption and resource depletion but also affects our mental wellbeing. At the same time, we open the conversation toward alternatives: What if, instead of pursuing endless economic growth, we set goals for wellbeing – for people and for nature? How could a new economic model reshape the way we organize our societies, strengthen communities, and create a healthier relationship with the natural world?



MATHIAS BEHN BJØRNHOF

ANTICIPATE

Bridging the Horizons – From Futures Thinking to Sustainable Actions

Bridging the Horizons is a creative futures workshop where we'll use the Three Horizons model to work on real sustainability challenges, from fast fashion to climate justice. Together in small groups, you'll map what's happening (and what's broken) today, explore what a better future could look like, and identify the shifts already happening and that need to happen that might take us there. The session will focus on systems thinking and that very tricky task of connecting sustainability goals today with long-term change.

SUNDAY, 5 OCTOBER 2025



THAYS PRADO

Feminist Future and
Gender Expert

**Stories from The Future: The Power of
Speculative Fiction in Advocacy Work**

This session is a combination of a short lecture and a creative workshop. Feminist futurist and filmmaker Thays Prado will guide the audience through the process she used to work with 15 adolescent girls from Global South countries, who are gender equality activists, in using futures methods to create inspiring speculative stories set in 2055, aimed at influencing policymakers and advancing gender equality. Then, she will apply a shortened version of the same methods with the audience in the room and invite them to produce their own short speculative fiction for social change.



HANNA SELIM

AI Developer

**The Black Box and Our Minds - Rethinking AI
Sustainability**

Behind every AI output lies data, bias, and hidden reasoning. In this session, Hanna shows how the black box works – and where it fails us. From algorithmic bias to the trade-offs between speed and fairness, she connects these challenges to the bigger question of sustainability: how do we keep AI ethical, and our own thinking sharp?



TANIA ELLIS

Tania Ellis – The Social
Business Company

Systemic Sustainability for a New Generation

The world order as we knew it is breaking up. Geopolitical conflicts, the climate and biodiversity crises, and a growing movement of global consciousness are all shaping the world of tomorrow. In her talk, international trendspotter and award-winning sustainable business expert Tania Ellis will show how today’s megatrends will transform not only “business as usual” but also “sustainability as usual.” With a focus on the role of new generations of students, consumers, employees, and investors, she will highlight the importance of systemic sustainability and business as key drivers for a more just and sustainable world order. Both doom-and-gloom pessimists and possibility-seeking optimists will be proven right through self-fulfilling prophecies — which is why the way forward lies in finding a balanced path in between. The future we want is up to us.

4. THOUGHTS FOR FUTURE'S TEAM

Caroline Sørensen



Caroline is passionate about sustainability and how it shapes our everyday choices. She recently completed her master's in International Marketing and Management at CBS, where she explored sustainable consumer behavior in her thesis. As your go-to marketing gal, she brings her experience from Green Building Council Denmark and volunteer projects to get people thinking, talking, and acting on sustainability

Regine Cecilie Gregersen



Regine is in the midst of writing her master's thesis in Gender Economics, but that doesn't stop her from throwing herself into projects revolving around sustainability. Alongside her studies, she is an SDG ambassador, advisory board member at Actory, and (of course) a project manager for Thoughts for Future. Having lived in both Italy, Australia, and England, she is always curious to gain new perspectives and knowledge from other cultures - and cannot wait to meet you.

Erlita Indah Savitri



Erlita is a forester with a deep passion for forest governance and Indigenous Peoples and Local Communities. She had a chance to be involved in Major Group for Youth and Children in United Nations Forum on Forests to represent the voices and ideas of young people about global policy discussions on sustainable forestry. She also loves diving into communication and marketing as ways to share ideas. Her eye for design opened the door to an internship with Young Reporters for the Environment at FEE, where she learned how stories can spark change. In her free time, she likes cooking, hiking, and swimming.

Ellen Bang



Ellen is often asked “How do you have time to do all those things?”. The answer at the moment is because she is currently working on her master’s thesis in Food Science and Technology and needs to not go stir crazy. So what are all those things? Among other things Ellen is a European Climate Pact ambassador, SDG ambassador, member of the Global Shapers Copenhagen hub, poet and of course a long term member of Actory. Sustainability, climate and democracy are all topics that she has had to explore primarily outside of university, which is why she pitched the Thoughts for Future Festival last year to create a learning and networking space for students, by students

Adrian Rosengarten



Adrian is writing his master’s in Environmental Economics at the University of Copenhagen and channels the rest of his energy into community-powered sustainability. His current work explores how to weave planetary boundaries into everyday economic decision-making, so policy, business, and people can operate within nature’s limits. When he’s not buried in papers, you’ll find him testing ideas with real communities, sketching simple systems, and keeping Copenhagen’s coffee shops in business.

Bianca Muresan

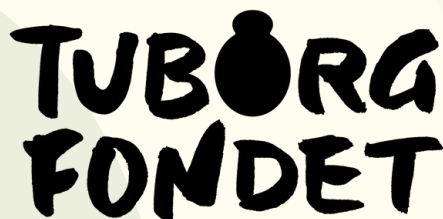


Bianca is a recent service systems design grad & futures nerd, busy building spaces for imagination and hope through community-led projects. While navigating the joys of job hunting, she’s pouring her curiosity and dot-connecting energy into the Thoughts for Future Festival.

Come talk to her about contemplative futures, imagination workouts, or experimental facilitation formats, but be prepared, she might not stop talking once you do.

THANKS TO

We would like to extend our heartfelt thanks to all the sponsors who have supported us in making TFF's dreams come true. Your support **in this youth initiative and sustainability mission** have made a lasting impact, and we deeply appreciate your partnership.



Fagforening og
fagligt fællesskab

MAP OF THE FESTIVAL SPACE

The station building has four floors: the ground floor, first floor, second floor, and third floor. You can see the room of each speaker in the full program. Most of our sessions will be held in

1. Arena (ground floor)
2. Wunderkammer (first floor)
3. Hive (second floor)
4. Playground (third floor)
5. Lunch will be in the Café (ground floor).

